

Swim Lesson FAQs:

What is the cancellation policy?

Cancellations must be received before the start of the first class. There will be no refunds given after the first day of the class. You may cancel by emailing swimlesson@tuckahoe.net

What is the make-up policy?

Make-ups only happen if there is a facility closure. If you miss a class due to personal reasons it cannot be made-up.

What do we need to bring?

Please bring a swim suit, goggles and towel.

What does the water feel like in the indoor pool?

The water temperature is normally around 81 degrees which may feel cooler to younger students.

What is the Teacher to Student Ratio?

There is a 1 : 5 or a 2 : 10 ratio per class.

Can we stay to play in the pool after our class?

We are a members-only facility which means that if you are a non-member taking the class you may not stay after to use the pool. Members are more than welcome to stay but please be aware that classes are held back to back so space may be limited in the pool.

Tuckahoe Recreation Club Group Swim Lessons INDOOR SWIM LESSONS



Fall/Winter/Spring 2018-2019

**Member Registration
Begins on August 17, 2018**

Guest Registration Begins on August 31,
2018 at the Front Desk.

Fall/Winter/Spring Schedule

**NOTE: If less than 3 registrants for a class, then price will increase:
2 registrants = \$15/per class (\$120)
1 registrant = \$22/per class (\$176)**

Prices are listed as Member / Non-Member

SESSION 1: Sept. 16 – Nov. 18 (8 classes)

Fall Levels 1 – 5

10:00 - 10:30am	Level 1	\$60.00 / \$80.00
10:30 - 11:00am	Level 2	\$60.00 / \$80.00
11:00 - 11:30am	Level 3	\$60.00 / \$80.00
11:30- 12:00pm	Level 4	\$60.00 / \$80.00
12:00 –12:45pm	Level 5	\$80.00/\$100.00

~ 10/7 No Lessons for Columbus Day

~11/18 Make-up Day

SESSION 2 : Jan 6 – Mar. 10 (8 classes)

Winter Levels 2 – 5

10:00 - 10:30am	Level 2	\$60.00 / \$80.00
10:30 - 11:00am	Level 2	\$60.00 / \$80.00
11:00 - 11:30am	Level 3	\$60.00 / \$80.00
11:30- 12:00pm	Level 4	\$60.00 / \$80.00
12:00 –12:45pm	Level 5	\$80.00/\$100.00

~ 1/20 No Lessons for MLK Day

~ 3/10 Make Up Day

SESSION 3 : Mar 17 – May 12 (8 classes)

Spring Levels 1 - 5

10:00 - 10:30am	Level 1	\$60.00 / \$80.00
10:30 - 11:00am	Level 3	\$60.00 / \$80.00
11:00 - 11:30am	Level 3	\$60.00 / \$80.00
11:30- 12:00pm	Level 4	\$60.00 / \$80.00
12:00 –12:45pm	Level 5	\$80.00/\$100.00

~ 4/21 Easter – Pool closed

~ May 19th Make-up day~

Class Levels

Level I -: Introduction to water skills without parent. Child must be able to function in a group environment independently. Learn basic water safety rules, comfort in the water, floating and kicking on the front and back. Ages 4-6 yrs. A 30-minute class.

Level II -: Child will build on their comfort in the water by learning propulsion and water safety skills. The goal of this class is for children to learn proper kicking technique, full-face submergence, independent back floating, and an introduction to freestyle strokes. Ages 4-6 yrs. A 30-minute class.

Level III -: Child must be able to swim in a forward, freestyle-like motion for 15-20 feet. They will learn further freestyle arm stroke techniques and master rollover breathing and focus on advanced safety skills. Backstroke will also be taught and assessed. Ages 5-9 yrs. A 30-minute class.

Level IV -: Must swim fifteen meters of recognizable freestyle and backstroke. Child will learn proper stroke technique for all four competitive strokes. The goal of this class is for children to comfortably swim the length of the pool. Ages 7-10 yrs. A 30-minute class.

Level V -: In this class, children will improve technique in all four strokes and be introduced to competitive swimming. Children will be introduced to common swimming drills, introductory endurance work, starts, turns, finishes, team lingo, and the rules of competitive swimming. Ages 7-10 yrs. A 45-minute class.

SWIM LESSON REGISTRATION FORM

Cut along the dotted line

Child's Name	Member #	Sex: M / F	Age	Fee Collected
Parent/Guardian Name	Session #	Level	Time	
Street Address	City / State / Zip			
Email Address	Day / Evening Phone			
Parent/Guardian Signature	Date			