

Tuckahoe Recreation Club Indoor Pool Usage

MONDAY & WEDNESDAY

	8 am-9 am	9 am-10 am	10 am-11 am	11 am-12 pm	12 pm-1 pm	1 pm-2 pm	2 pm-3 pm	3 pm-4 pm	4 pm-5 pm	5 pm-6 pm	6 pm-7 pm	7 pm-8 pm	8 pm-9 pm
Lane 1								Red	Red				
Lane 2								Red	Red				
Lane 3								Red	Red				
Lane 4	Yellow	Yellow						Red	Red				
Lane 5	Yellow	Yellow						Red	Red			Yellow	
Lane 6	Yellow	Yellow						Red	Red			Yellow	

Water Aerobics
 Rental / Lanes Closed
 Lap & Open Swim

TUESDAY

	8 am-9 am	9 am-10 am	10 am-11 am	11 am-12 pm	12 pm-1 pm	1 pm-2 pm	2 pm-3 pm	3 pm-4 pm	4 pm-5 pm	5 pm-6 pm	6 pm-7 pm	7 pm-8 pm	8 pm-9 pm
Lane 1								Red	Red				
Lane 2								Red	Red				
Lane 3								Red	Red				
Lane 4	Yellow							Red	Red				
Lane 5	Yellow							Red	Red				
Lane 6	Yellow							Red	Red				

Water Aerobics
 Rental / Lanes Closed
 Lap & Open Swim

THURSDAY

	8 am-9 am	9 am-10 am	10 am-11 am	11 am-12 pm	12 pm-1 pm	1 pm-2 pm	2 pm-3 pm	3 pm-4 pm	4 pm-5 pm	5 pm-6 pm	6 pm-7 pm	7 pm-8 pm	8 pm-9 pm
Lane 1								Red	Red		Blue	Blue	
Lane 2								Red	Red		Blue	Blue	
Lane 3								Red	Red		Blue	Blue	
Lane 4	Yellow							Red	Red				
Lane 5	Yellow							Red	Red				
Lane 6	Yellow							Red	Red				

Water Aerobics
 Rental / Lanes Closed
 Lap & Open Swim
 TRC Winter Swim (from Nov-May)

FRIDAY													
	8 am-9 am	9 am-10 am	10 am-11 am	11 am-12 pm	12 pm-1 pm	1 pm-2 pm	2 pm-3 pm	3 pm-4 pm	4 pm-5 pm	5 pm-6 pm	6 pm-7 pm	7 pm-8 pm	8 pm-9 pm
Lane 1													
Lane 2													
Lane 3													
Lane 4													
Lane 5													
Lane 6													

Water Aerobics
 Rental / Lanes Closed
 Lap/Open Swim
 TRC Winter Dive (from Oct-May)

SATURDAY													
	9 am-10 am	10 am-11 am	11 am-12 pm	12 pm-1 pm	1 pm-2 pm	2 pm-3 pm	3 pm-4 pm	4 pm-5 pm	5 pm-6 pm	6 pm-7 pm	7 pm-8 pm	8 pm-9 pm	
Lane 1													
Lane 2													
Lane 3													
Lane 4													
Lane 5													
Lane 6													

Rental / Lanes Closed
 Lap Swimming
 TRC Swim Lessons
 Open Swim Area

SUNDAY													
	9 am-10 am	10 am-11 am	11 am-12 pm	12 pm-1 pm	1 pm-2 pm	2 pm-3 pm	3 pm-4 pm	4 pm-5 pm	5 pm-6 pm	6 pm-7 pm	7 pm-8 pm	8 pm-9 pm	
Lane 1													
Lane 2													
Lane 3													
Lane 4													
Lane 5													
Lane 6													

Lap Swimming
 Open Swim Area
 TRC Winter Swim

This represents the most typical use of the pool on a given day and time.

Lane availability is subject to change as determined by the staff to ensure the proper use of space.